

# 14-Day Self Growth Challenge

WITH COACH MOLLY K

## Day 2: Reflecting on “What’s Right”

In a Harvard Business Review article, executive coach Jennifer Porter says that the hardest leaders to coach are those who won’t reflect. You don’t want to be one of those leaders, do you?

While it can be worthwhile to reflect on challenges, I’m not going to ask you to focus on those today. It’s no secret that 2020 was a tough year, it down right stunk. But today we are going to focus on what’s right.

**What was right about 2020?** \_\_\_\_\_

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**What was your greatest lesson learned?** \_\_\_\_\_

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**What were your favorite memories?** \_\_\_\_\_

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**What did you love about 2020 (surely there is something 😊)?** \_\_\_\_\_

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**What are you grateful for?** \_\_\_\_\_

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**Looking forward to growing with you!**

- Molly K.

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