14-Day Self Growth Challenge

WITH COACH MOLLY K

Day 14 - Fixing "Broken Windows"

I usually call the distractions and obstacles that detract me from being productive and even achieving my goals "open loops," but I heard Gretchen Rubin call them "broken windows" and I thought that might be more impactful than an "open loop." So, I am switching up my terminology. Broken windows might include clutter in your office or home, undone projects, etc. These things often zap your energy, creativity, and productivity. Speaker, author and business leader, Jack Canfield suggests doing a Completion Weekend. This entails making an all-encompassing list of your "open loops" or "broken windows," big and small, then scheduling two to three days to hammer through the list to get those distractions tackled. Show 'em who's boss! Create the space for you to have your best year ever and achieve your goals!

We'd love to hear from you, so reach out to me at mollyk@pioneertech.edu or at 580-718-4304 to give us feedback or if you need support in this year's goals!

My Broken Windows	**Dates to Complete**

Looking forward to growing with you!

- Molly K.

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